

**Amendment to the Abstract:**

The Abstract has been amended. A revised Abstract is attached.

ABSTRACT

~~Detergent 10 made of a fruit of a natural plant is poured into cleaning section 22, then article 100 is immersed into detergent 10 and cleaned. As a result, environmental friendly cleaning can be provided.~~An environmental friendly cleaning method is provided. The method comprises the step of cleaning an article using a composition comprising material extracted from the fruit of a plant of the genus *Garcinia*, for example the fruit of the plant *Garcinia atroviridis*.